Document I:
*Slaves Working in 17th-century Virginia*, artist unknown

Document J:
*A New Account of Some Parts of Guinea, and the Slave Trade*, William Snelgrave

I come now to give an Account of the Mutinies that have happened on board the Ships where I have been. These Mutinies are generally occasioned by the Sailors ill usage of these poor People, when on board the Ship wherein they are transported to our Plantations. Wherever therefore I have commanded, it has been my principal Care, to have the Negroes on board my Ship kindly used; and I have always strictly charged my white People to treat them with Humanity and Tenderness; In which I have usually found my Account, both in keeping them from mutinying, and preserving them in health.
And whereas it may seem strange to those that are unacquainted with the method of managing them, how we can carry so many hundreds together in a small Ship, and keep them in order, I shall just mention what is generally practiced. When we purchase grown People, I acquaint them by the Interpreter, "That, now they are become my Property, I think fit to let them know what they are bought for, that they may be easy in their Minds: (For these poor People are generally under terrible Apprehensions upon their being bought by white Men, many being afraid that we design to eat them; which, I have been told, is a story much credited by the inland Negroes;) So after informing them, That they are bought to till the Ground in our Country, with several other Matters; I then acquaint them, how they are to behave themselves on board towards the white Men; that if any one abuses them, they are to complain to the Linguist, who is to inform me of it, and I will do them Justice; But if they make a Disturbance, or offer to strike a white Man, they must expect to be severely punished."

When we purchase the Negroes, we couple the sturdy Men together with Irons; but we suffer the Women and Children to go freely about: And soon after we have sail'd from the Coast, we undo all the Mens Irons.

They are fed twice a day, and are allowed in fair Weather to come on Deck at seven a Clock in the Morning, and to remain there, if they think proper, till Sun setting. Every Monday Morning they are served with Pipes and Tobacco, which they are very fond of. The Men Negroes lodge separate from the Women and Children: and the places where they all lye are cleaned every day, some white Men being appointed to see them do it.

I have been several Voyages, when there has been no Attempt made by our Negroes to mutiny; which, I believe, was owing chiefly, to their being kindly used, and to my Officers Care in keeping a good Watch. But sometimes we meet with stout stubborn People amongst them, who are never to be made easy; and these are generally some of the Cormantines, a Nation of the Gold Coast. I went in the year 1721, in the Henry of London, a Voyage to that part of the Coast, and bought a good many of these People...

"What had induced them to mutiny?" They answered, "I was a great Rogue to buy them, in order to carry them away from their own Country, and that they were resolved to regain their Liberty if possible." I replied, "That they had forfeited their Freedom before I bought them, either by Crimes or by being taken in War, according to the Custom of their Country; and they being now my Property, I was resolved to let them feel my Resentment, if they abused my Kindness: Asking at the same time, Whether they had been ill used by the white Men, or had wanted for any thing the Ship afforded?" To this they replied, "They had nothing to complain of." Then I observed to them, "That if they should gain their Point and escape to the Shore, it would be no Advantage to them, because their Countrymen would catch them, and sell them to other Ships." This served my purpose, and they seemed to be convinced of their Fault, begging, "I would forgive them, and promising for the future to be obedient, and never mutiny again, if I would not punish them this time." This I readily granted, and so they went to sleep.
**Document K:**
*Negroland and Guinea with European Settlements, H. Moll*

![Map of Negroland and Guinea with European Settlements](image)

**Document L:**
*Alexander Falconbridge’s Account of the Slave Trade*

From the time of the arrival of the ships to their departure, which is usually near three months, scarce a day passes without some negroes being purchased, and carried on board; sometimes in small, and sometimes in larger numbers...

... I was once upon the coast of Angola, also, when there had not been a slave ship at the river Ambris for five years previous to our arrival, although a place to which many usually resort every year. The failure of the trade for that period, as far as we could learn, had no other effect than to
restore peace and confidence among the natives, which, upon the arrival of ships, is immediately
destroyed by the inducement then held forth in the purchase of slaves. . . .

. . . All the information I could procure confirms me in the belief that to kidnapping, and to
crimes (and many of these fabricated as a pretext) the slave trade owes its chief support. . . .

. . . When the Negroes, whom the black traders have to dispose of [sell], are shown to the
European purchasers, they first examine them relative to their age. They then minutely inspect
their persons and inquire into the state of their health; if they are afflicted with any disease or
are deformed or have bad eyes or teeth; if they are lame or weak in the joints or distorted in the
back or of a slender make or narrow in the chest; in short, if they have been ill or are afflicted in
any manner so as to render them incapable of much labor. If any of the foregoing defects are
discovered in them they are rejected...

The traders frequently beat those Negroes which are objected to by the captains and use them
with great severity...the traders have frequently been known to put them to death. Instances
have happened at that place, when Negroes have been objected to, that the traders have dropped
their canoes under the stern of the vessel and instantly beheaded them in sight of the captain. . .
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. . . Nor do these unhappy beings, after they become the property of the Europeans (from whom,
as a more civilized people, more humanity might naturally be expected), find their situation in
the least amended. Their treatment is no less rigorous. The men Negroes, on being brought
aboard the ship, are immediately fastened together, two and two, by handcuffs on their wrists
and by irons rivetted on their legs. They are then sent down between the decks and placed in an
apartment partitioned off for that purpose. The women also are placed in a separate apartment
between decks, but without being ironed. An adjoining room on the same deck is appointed for
the boys. Thus they are all placed in different apartments.

But at the same time, however, they are frequently stowed so close, as to admit of no other
position than lying on their sides. Nor will the height between decks, unless directly under the
grating, permit the indulgence of an erect posture; especially where there are platforms, which is
generally the case. These platforms are a kind of shelf, about eight or nine feet in breadth,
extending from the side of the ship toward the centre. They are placed nearly midway between
the decks, at the distance of two or three feet from each deck. Upon these the Negroes are
stowed in the same manner as they are on the deck underneath.

In each of the apartments are placed three or four large buckets, of a conical form, nearly two
feet in diameter at the bottom and only one foot at the top and in depth of about twenty-eight
inches, to which, when necessary, the Negroes have recourse. It often happens that those who
are placed at a distance from the buckets, in endeavoring to get to them, rumble over their
companions, in consequence of their being shackled...In this distressed situation, unable to
proceed and prevented from getting to the tubs, they desist from the attempt; and as the
necessities of nature are not to be resisted, ease themselves as they lie. This becomes a fresh
source of boils and disturbances and tends to render the condition of the poor captive wretches
Still more uncomfortable. The nuisance arising from these circumstances is not infrequently increased by the tubs being much too small for the purpose intended and their being usually emptied but once every day. The rule for doing so, however, varies in different ships according to the attention paid to the health and convenience of the slaves by the captain....

The diet of the Negroes while on board, consists chiefly of horse beans boiled to the consistency of a pulp; of boiled yams and rice and sometimes a small quantity of beef or pork. The latter are frequently taken from the provisions laid in for the sailors. They sometimes make use of a sauce composed of palm-oil mixed with flour, water and pepper, which the sailors call slabber-sauce. Yams are the favorite food of the Eboe or Bight Negroes, and rice or corn of those from the Gold or Windward Coast; each preferring the produce of their native soil....

Upon the Negroes refusing to take sustenance, I have seen coals of fire, glowing hot, put on a shovel and placed so near their lips as to scorch and burn them. And this has been accompanied with threats of forcing them to swallow the coals if they any longer persisted in refusing to eat. These means have generally had the desired effect. I have also been credibly informed that a certain captain in the slave-trade, poured melted lead on such of his Negroes as obstinately refused their food....

The hardships and inconveniences suffered by the Negroes during the passage are scarcely to be enumerated or conceived. They are far more violently affected by seasickness than Europeans. It frequently terminates in death, especially among the women. But the exclusion of fresh air is among the most intolerable. For the purpose of admitting this needful refreshment, most of the ships in the slave trade are provided, between the decks, with five or six air-ports on each side of the ship, of about five inches in length and four in breadth. In addition, some ships, but not one in twenty, have what they denominate wind-sails. But whenever the sea is rough and the rain heavy it becomes necessary to shut these ...The fresh air being thus excluded, the Negroes' rooms soon grow intolerable hot. The confined air, rendered noxious by the effluvia exhaled from their bodies and being repeatedly breathed, soon produces fevers and fluxes which generally carries off great numbers of them.

During the voyages I made, I was frequently witness to the fatal effects of this exclusion of fresh air. I will give one instance, as it serves to convey some idea, though a very faint one, of their terrible sufferings.... Some wet and blowing weather having occasioned the port-holes to be shut and the grating to be covered, fluxes and fevers among the Negroes ensued...But the excessive heat was not the only thing that rendered their situation intolerable. The deck, that is the floor of their rooms, was so covered with the blood and mucus which had proceeded from them in consequence of the flux, that it resembled a slaughter-house. It is not in the power of the human imagination to picture a situation more dreadful or disgusting...

...The place allotted for the sick Negroes is under the half deck, where they lie on the bare planks. By this means those who are emaciated frequently have their skin and even their flesh entirely rubbed off, by the motion of the ship, from the prominent parts of the shoulders, elbows and hips so as to render the bones quite bare.
...The mode of selling them by scramble having fallen under my observation the oftenest, I shall be more particular in describing it...On a day appointed, the Negroes were landed and placed together in a large yard belonging to the merchants to whom the ship was consigned. As soon as the hour agreed on arrived, the doors of the yard were suddenly thrown open and in rushed a considerable number of purchasers, with all the ferocity of brutes. Some instantly seized such of the Negroes as they could conveniently lay hold of with their hands. Others being prepared with several handkerchiefs tied together, encircled as many as they were able. While others, by means of a rope, effected the same purpose. It is scarcely possible to describe the confusion of which this mode of selling is productive....