



5 Ancient Food Facts

Apple pieces have been found in Stone Age dwellings in Switzerland

Cheesecake was given to athletes in the first Olympic games in 776 BCE in Greece

The origins of ice cream began 5,000 years ago in China

Ancient Maya used cacao beans as currency and to make chocolate

Emperor Nero consumed leeks to improve his singing voice

The Story Behind the Mosaic

The mosaic on this bookmark is from the extraordinary Tomb of Menna (circa 1422-1411 BCE). Menna was the “Scribe of the Fields of the Lord of the Two Lands of Upper and Lower Egypt” and oversaw the agricultural dealings on property owned by the Temple of Amun at Karnak in the 18th Dynasty, most probably during the reigns of Tuthmosis IV and Amenhotep III. His tomb is remarkable for its wall art bringing alive all aspects of daily life in Egypt. The decorations reflect the belief that the afterlife was a mirror of what was best in the earthly life. The lavish and finely detailed paintings demonstrate the Egyptians’ mastery of pigment and its application on plaster.